

Saturday, March 1, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Washington Week with Gwen Ifill	Charlie Rose: The Week	Jazz and the Philharmonic			I Create	Chasing Shackleton		This Old House Hour	

- 6:00am Daniel Tiger's Neighborhood** Repeat of 02/05/14 11:00am
- 6:30am Angelina Ballerina: The Next Steps**
- 7:00am Curious George**
- 7:30am Cat in the Hat Knows A Lot About That!**
- 8:00am Curious George** Repeat of 02/27/14 08:00am
- 8:30am Dinosaur Train** Repeat of 02/26/14 09:30am
- 9:00am Delicious Discoveries with Daniella Malfitano** Repeat of 02/23/14 04:30pm
- 9:30am Victory Garden**
- 10:00am This Old House** Repeat of 02/22/14 10:30am
- 10:30am This Old House**
- 11:00am Ask This Old House**
- 11:30am Hometime**
- 12:00pm Woodwright's Shop**
- 12:30pm P. Allen Smith's Garden Home**
- 1:00pm Grand View**
- 1:30pm Best of the Joy of Painting**
- 2:00pm Sewing with Nancy**
- 2:30pm Fons & Porter's Love of Quilting**
- 3:00pm Things Green with Nick Federoff**
- 3:30pm Motorweek**
- 4:00pm Immense Possibilities** Repeat of 02/15/14 04:00pm
- 4:30pm Above The Line**
- 5:00pm PBS Newshour Weekend**
- 5:30pm Forum, The**
- 6:00pm Classic Gospel**

7:00pm Lawrence Welk Show - Mardi Gras

Host : Bobby Burgess. On this 1966 show, we're invited to "Come To The Mardi Gras", the Lennon Sisters sing a whimsical "I Dreamed", and Natalie Nevins does a beautiful job with "Mr. Wonderful". Dick Dale tells us about the "Shrimp Boats". "Jambalaya" is a perfect choice for Bob Lido, and the band and cast swing out to close the show with the "South Rampart Street Parade".

8:00pm Arts In Context - Sky Candy

Sky Candy began as a group of experienced aerialists who wanted to share the love of their circus art. Follow along as they produce a performance based on the novel *Land Without Evil* by Matthew J. Pallamary, which tells the tale of the physical and spiritual journey. Sky Candy puts on a production that is both visually and conceptually stunning by interlacing emotional scenes with ethereally beautiful and athletically challenging aerial acrobatics. From script to opening night, Arts in Context examines what it means to be part of this small but dedicated group of performers, examining the challenges and rewards its members experience.

8:30pm Arts In Context - Hold My Hand

Performance artist Sharon Marroquin saw her life drastically changed when she was diagnosed with breast cancer. An Award-winning dancer and choreographer she now uses her art as an expression of her personal struggle. In this episode of Arts In Context, Marroquin explores the relation between the choreographer and the dancer. This episode also features an award winning short documentary titled *Mijo (My Son)* by Chithra Jeyaram.

9:00pm Well Read - Temple Grandin, The Autistic Brain

Weaving her own experience with remarkable new discoveries, renowned author and advocate Grandin discusses the science of autism and gives dos and don'ts for parents raising autistic kids.

9:30pm Film School Shorts - Blood Is Thicker Than Mud

The Fighting Kind (Chapman Univ.) and *Northeast Front* (Univ. of Texas) : Davin, estranged from his family for years, returns home in desperate need of financial help. He learns that his sister may be the sibling who's truly in need. Written, directed by Nils Taylor. Based on a true story, Esperanza's love for her children knows no bounds, but her limits are pushed when she is forced to save her son from Mexico's dangerous cartels. Written and directed by Angela Camarena Torres.

10:00pm Just Seen It

On the next episode of Just Seen It, we review the animated comedy, *THE LEGO MOVIE*, and then head back to TV for a review of the new NBC dramedy, *ABOUT A BOY*. Next, we discuss *TIM'S VERMEER*, the fascinating documentary about the "photo-realistic" paintings of Johannes Vermeer, and finish up with the war drama, *THE MONUMENTS MEN*, featuring an all-star cast led by George Clooney.

10:30pm On Story - James Franco: A Look Inside 127 Hours

James Franco reveals his unique experience working on *127 HOURS*, including his faith in director Danny Boyle's vision, and the collaborative approach from cast and crew to fulfill the tension needed to capture this true and tantalizing story. Followed by the allegorical short film, *VOICE OVER*, directed by Martin Rosete, about a few extreme situations that literally take your breath away.

11:00pm Austin City Limits - The Shins/Dr. Dog

ACL presents alternative rock with the Shins and Dr. Dog. The Shins play songs from their latest record *Port of Morrow*, while Dr. Dog highlights *Be the Void*.

Sunday, March 2, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Nature: Ireland's Wild River		Nova: Ground Zero Supertower		Frontline: Secrets of the Vatican			I Create	Ice Warriors - USA Sled Hockey		Washington Week with Gwen Ifill	Charlie Rose: The Week

6:00am	Sesame Street	Repeat of 02/28/14 10:00am
7:00am	Curious George	
7:30am	Cat in the Hat Knows A Lot About That!	
8:00am	30 Days to a Younger Heart with Dr. Steven Masley	
9:30am	Blood Sugar Solution 10-Day Detox Diet	
11:00am	Brainchange with David Perlmutter, Md	Repeat of 02/23/14 12:30pm
12:30pm	Dash Diet with Marla Heller Ms, Rd	Repeat of 02/02/14 02:00am
2:00pm	Young for Life	Repeat of 02/09/14 03:30am
3:00pm	Religion & Ethics Newsweekly	
3:30pm	McLaughlin Group	
4:00pm	Washington Week with Gwen Ifill	Repeat of 03/02/14 05:00am
4:30pm	Delicious Discoveries with Daniella Malfitano	
5:00pm	Moyers & Company	
5:30pm	Healthy Body, Healthy Mind	
6:00pm	PBS Newshour Weekend	
6:30pm	Aviators	

7:00pm **Masterpiece Classic** Repeat of 02/25/14 04:00am
Downton Abbey Season 4, Part 8

This season of DOWNTON ABBEY finds aristocrats coping with last season's shocking finale. Change is in the air as three generations of the Crawley family have conflicting interests in the estate. Paul Giamatti makes an appearance alongside the beloved returning ensemble including Dame Maggie Smith, Elizabeth McGovern, Hugh Bonneville, Michelle Dockery, Jim Carter, Joanne Froggatt, guest star Shirley MacLaine and a host of others. Lady Rose meets the Prince of Wales and faces a dilemma. Trouble also plagues Cora's mother, her brother, Edith and almost everyone else at Downton Abbey.

9:00pm **Masterpiece Classic - Mr. Selfridge, Part 1**

This mini-series is a dramatization of the real-life story of Harry Gordon Selfridge, the flamboyant and visionary American founder of the famous London department store that revolutionized the modern shopping experience. Created by Andrew Davies (Little Dorrit) with Jeremy Piven (Entourage) in the title role. Upstart American Harry Selfridge moves heaven and earth to build his visionary department store in London. But opening day is just the start of his retail revolution. (Next Air 03/03/14 12:00am)

11:00pm **Woodsongs - Mike Scott & The Waterboys - Celebration of W.B.Ya**

Monday, March 3, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Masterpiece Classic: Mr. Selfridge, Part 1				Ice Warriors - USA Sled Hockey		Chasing Shackleton		Triangle Fire: American Experience		Antiques Roadshow: Pittsburgh, Pa - Hour Two	

7:30pm California's Gold World War II

Repeat of 02/17/14 07:30pm

Learn two fascinating, yet obscure, California footnotes to World War II: a German-made crane which is the largest self-propelled floating crane berthed at Long Beach Naval Shipyard, and an incident involving a Japanese submarine that shelled the oil fields of Ellwood in Santa Barbara County in 1942.

8:00pm Antiques Roadshow - Pittsburgh, Pa - Hour Three

In Pittsburgh, host Mark L. Walberg joins appraiser Arlie Sulka at the Carnegie Museum of Art to explore the striking, vibrantly colored vases, bottles and jars made by glass master Maurice Marinot. Highlights include a collection of correspondence between members of the Kennedy family and JFK's former personal secretary; a circa 1928 Art Deco jade sapphire ring; and a 1946 oil painting by Rockwell Kent, along with an inherited letter from the artist, valued at \$150,000 to \$ 250,000. (Next Air 03/04/14 02:00am)

9:00pm Triangle Fire: American Experience

Repeat of 03/03/14 04:00am

On March 25th, 1911, a fire broke out in the Triangle Shirtwaist Factory in New York's Greenwich Village. The blaze ripped through the congested loft; huge piles of trimmings fed the flames. Petrified workers desperately tried to make their way downstairs, but the factory owners kept the doors on the 9th floor locked and the woefully inadequate fire escape soon crumpled. Hundreds of horrified on-lookers arrived just in time to see young men and women jumping from the windows. By the time the fire had burned itself out, 146 people were dead. Less than two years earlier, the workers of the factory had been leaders in an industry-wide strike to protest dismal wages and dangerous working conditions. Despite unlikely support from some of the wealthiest women in the city, including Anne Morgan, most of the workers returned to the their shops without having their demands met. It took the tragedy of the fire and the ensuing public outrage to force government action. The landmark legislation that followed gave New Yorkers the most comprehensive workplace safety laws in the country.

10:00pm Independent Lens - More Than A Month

Shukree Hassan Tilghman, a 29-year-old African-American filmmaker, is on a cross-country campaign to end Black History Month. Through this tongue-in-cheek journey, "More Than a Month" investigates what the treatment of history tells us about race and equality in a "post- racial" America. (Next Air 03/04/14 01:00am)

11:00pm Charlie Rose

Tuesday, March 4, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Independent Lens: More Than A Month		Antiques Roadshow: Pittsburgh, Pa - Hour Three		Masterpiece Classic: Mr. Selfridge, Part 1			Nova: Ground Zero Supertower		

7:30pm California's Gold Bodie

Repeat of 02/04/14 07:30pm

Ever been to a real live ghost town? Well, this entire episode explores one of the last remnants of the Wild West. Now a state historic park, Bodie is regarded as one of the largest and best preserved examples of an authentic ghost town.

8:00pm Nature Ireland's Wild River

Repeat of 03/02/14 12:00am

The Shannon is Ireland's greatest geographical landmark and the longest river. It is both a barrier and highway -- a silver ribbon holding back the rugged landscapes of the west from the gentler plains to the east. On its journey south, the Shannon passes through a huge palette of rural landscapes; where on little-known backwaters, Ireland's wild animals and plants still thrive as almost nowhere else. For a year, wildlife cameraman Colin Stafford-Johnson lives on the river -- camping on its banks, exploring its countless tributaries in a traditional canoe, following the river from dawn to dusk through the four seasons, on a quest to film the natural history of the Shannon as it has never been seen or heard or experienced before.

9:00pm Civilization: The West and the Rest with Niall Fer

Next Air 03/05/14 02:00am

11:00pm Charlie Rose

Wednesday, March 5, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Super Skyscrapers: The Billionaire Building		Civilization: The West and the Rest with Niall Fer				Independent Lens: More Than A Month		Antiques Roadshow: Pittsburgh, Pa - Hour Three	

7:30pm California's Green - Echo Park Lake

Huell visits Echo Park Lake to see how the city of Los Angeles is trying innovative, "green" techniques to clean up the water.

8:00pm Nature - Cloud: Challenge of the Stallions

The returning saga of Cloud, the wild, white stallion finds us back in the Arrowhead Mountains of Montana. Cloud is now a confident band stallion in his prime. As he rules the mountains, gathering mares and expanding his reign, the story turns to his two sons. Bolder is his by birth -- beautiful and golden, the success of his father and grandfather flowing in his veins. Flint, sired by another stallion, is the colt Cloud raised. Now, Bolder has gathered some mares of his own while Flint has joined a group of bachelor stallions, young guns roaming the mountains. Who will rise to challenge the mighty Cloud? Will nature or nurture produce the next great stallion of the Arrowheads? (Next Air 03/06/14 01:00am)

9:00pm Nova - Mt. St. Helens Back from the Dead

When Mount St. Helens erupted in 1980, every living thing in the blast zone was buried beneath 300 feet of avalanche debris, covered with steaming mud and, finally, topped with a superheated layer of frothy rock from deep within the earth. It seemed as though Mount St. Helens might remain a wasteland forever. When biologist Charlie Crisafulli first flew over the disaster zone, finding no sign of life, little did he realize that his own life would be forever changed. Crisafulli has remained at the site for 27 years, documenting the dramatic return of plant and animal life to the barren landscape and pioneering a new understanding of the interaction between geologic forces and the life surrounding the mountain. NOVA brings viewers on a journey of a landscape brought back from the dead. (Next Air 03/06/14 02:00am)

10:00pm Life On Fire - Volcano Doctors

Whether the Philippines, Papua New Guinea, Colombia, Chile, Italy or Iceland, each of these countries is home to active volcanoes that are a threat to the populations settled at their feet. Every day, lava, ash, gas, bombs and avalanches are likely to slide down the gaping mouths of the rock giants. To avoid disasters, volcanologists are asked to anticipate and warn. They are asked to be prophets and to know how to analyze the volcanoes' slightest tremors. Around the world, these volcano doctors use their tools and knowledge to try to protect those who live beneath the Earth's fire. (Next Air 03/06/14 03:00am)

11:00pm Charlie Rose

Thursday, March 6, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Nature: Cloud: Challenge of the Stallions		Nova: Mt. St. Helens Back from the Dead		Life On Fire: Volcano Doctors		Civilization: The West and the Rest with Niall Fer			

7:30pm Forum, The

Repeat of 03/01/14 05:30pm

8:00pm This Old House Hour

Roger sets granite steps on a bed of ice to melt them into place. Plaster contractor Bob Bucco repairs plaster by hand, while 3D printing specialist David Kempeskie shows how the repairs can also be made in a computer, thanks to state-of-the-art technology. Norm and Tom review the design options for the front porch railing, then get to work fabricating the balustrade, which features a flat stock baluster that is custom made on site. In the second half of the hour, on ASK THIS OLD HOUSE, Richard helps a homeowner in New Hampshire quiet a squealing shower. Kevin installs a DIY-friendly security system and video camera. And the guys ask, "What is it?" (Next Air 03/07/14 01:00am)

9:00pm Life On Fire

Repeat of 03/06/14 03:00am

Volcano Doctors

Whether the Philippines, Papua New Guinea, Colombia, Chile, Italy or Iceland, each of these countries is home to active volcanoes that are a threat to the populations settled at their feet. Every day, lava, ash, gas, bombs and avalanches are likely to slide down the gaping mouths of the rock giants. To avoid disasters, volcanologists are asked to anticipate and warn. They are asked to be prophets and to know how to analyze the volcanoes' slightest tremors. Around the world, these volcano doctors use their tools and knowledge to try to protect those who live beneath the Earth's fire. (Next Air 03/07/14 05:00am)

10:00pm Chasing Shackleton

Repeat of 03/03/14 03:00am

Following the successful sea crossing from Elephant Island, Tim Jarvis must now traverse the mountains of South Georgia to complete his re-enactment of Shackleton's 'double'. But injury, illness and bad weather are against him -- the carefully picked team of eight shrinks to just three, leaving Tim, Royal Marine Baz Gray and sailor Paul Larsen to finish the job. Racing through a narrow weather window, and without a proper support team, they battle high winds, bad visibility, deadly crevasse fields and impossible climbs - even reliving Shackleton's famous glissade down the Tridents -- to finally reach their goal Stromness, and walk in to a hero's welcome.

11:00pm Charlie Rose

Friday, March 7, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	This Old House Hour		Independent Lens: More Than A Month		Nature: Cloud: Challenge of the Stallions		Nova: Mt. St. Helens Back from the Dead		Life On Fire: Volcano Doctors	

7:30pm California's Golden Parks Big Basin Repeat of 02/07/14 07:30pm

First up in our new series is Big Basin Redwoods State Park in the Santa Cruz Mountains. Established in 1902, it's actually California's oldest State Park and is celebrating its centennial this year. Home to the largest continuous stand of Coast Redwoods south of San Francisco, as well as numerous waterfalls, abundant wildlife, and incredible scenery - this is a trip you will not want to miss.

8:00pm Washington Week with Gwen Ifill Next Air 03/08/14 01:00am

8:30pm Charlie Rose: The Week Next Air 03/08/14 01:30am

9:00pm From Dust to Dreams: Opening Night at the Smith Ce

Neil Patrick Harris hosts the opening night concert at the Smith Center for the Performing Arts in Las Vegas. The concert stars Jennifer Hudson, Willie Nelson, Martina McBride, Joshua Bell, Mavis Staples, Merle Haggard, Pat Monahan (from Train), John Fogerty, Carole King and a company of Broadway stars that includes Brian Stokes Mitchell. The program is produced by George Stevens Jr. and Michael Stevens ("The Kennedy Center Honors"). (Next Air 03/08/14 02:00am)

11:00pm Charlie Rose

Saturday, March 8, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Washington Week with Gwen Ifill	Charlie Rose: The Week	From Dust to Dreams: Opening Night at the Smith Ce				Antiques Roadshow: Pittsburgh, Pa - Hour Three		This Old House Hour	

6:00am	Daniel Tiger's Neighborhood	Repeat of 03/06/14 11:00am
6:30am	Angelina Ballerina: The Next Steps	
7:00am	Curious George	
7:30am	Cat in the Hat Knows A Lot About That!	
8:00am	Curious George	Repeat of 03/06/14 08:00am
8:30am	Dinosaur Train	Repeat of 03/05/14 09:30am
9:00am	Delicious Discoveries with Daniella Malfitano	Repeat of 03/02/14 04:30pm
9:30am	Victory Garden	
10:00am	This Old House	Repeat of 03/01/14 10:30am
10:30am	This Old House	
11:00am	Ask This Old House	
11:30am	Hometime	
12:00pm	Woodwright's Shop	
12:30pm	P. Allen Smith's Garden Home	
1:00pm	Grand View	
1:30pm	Best of the Joy of Painting	
2:00pm	Sewing with Nancy: Sew Amazing Scarves	
3:30pm	Motorweek	
4:00pm	Immense Possibilities	
4:30pm	Above The Line	
5:00pm	PBS Newshour Weekend	
5:30pm	Forum, The	
6:00pm	Young for Life	Repeat of 03/02/14 02:00pm

7:00pm Lawrence Welk's Big Band Splash

Lawrence Welk and his great orchestra, from the television show in the 70s and early 80s, plays the music of the Big Band Era and salutes legendary friends, including Glenn Miller, Benny Goodman, Tommy Dorsey, Woody Herman, Duke Ellington, Count Basie and others. The program includes performances of 20 full songs from many programs rarely, if ever, seen on the weekly series. The Welk Musical Family sings classic Big Band songs and dances to the infectious rhythms of the 20s, 30s, 40 s and 50s. (Next Air 03/09/14 08:00am)

9:00pm John Sebastian Presents: Folk Rewind (My Music)

Repeat of 02/09/14 08:00am

John Sebastian Presents: Folk Rewind focuses on the greatest singers and songwriters of the classic 1950s and 1960s folk era. Presented by the lead singer of The Lovin' Spoonful ("Do You Believe In Magic"), Folk Rewind features a treasure trove of historical footage that has not been seen in over four decades -- plus new performances by artists who are still appearing in concert today. Folk Rewind's highlights include a Pete Seeger and Judy Collins duet on Seeger's iconic adaptation of "Turn, Turn, Turn," Harry Belafonte's hit "Jamaica Farewell, Trini Lopez's version of "If I Had a Hammer" and Bobby Darin's heartfelt "Simple Song of Freedom." Among the beloved folk groups represented in vintage footage are The Kingston Trio ("Where Have All the Flowers Gone"), The New Christy Minstrels ("Green, Green"), The Limelites ("There's a Meeting Here Tonight"), The Serendipity Singers ("Crooked Little Man") and The Brothers Four ("Green Fields"). In addition, The Highwaymen and The Rooftop Singers present their million-selling number one hits "Michael" and "Walk Right In." Stirring new performances on stage are offered by more folk legends. The original Chad Mitchell Trio reunites for Bob Dylan's anthem "Blowin' in the Wind," and Roger McGuinn of The Byrds offers an encore of "Turn, Turn, Turn." Barry McGuire sings his 1965 chart-topper "The Eve of Destruction," and Jesse Colin Young of The Youngbloods performs the generation-defining hit "Get Together." (Next Air 03/09/14 10:00am)

11:00pm Elderly Instruments: All Things Strings

Loved around the world as a source for the best in stringed instruments, Lansing Michigan's Elderly Instruments is All Things Strings. Musicians from Elvis Costello, Vince Gill, REM, and REO to the local beginner seek out the Washington Street store either online or in person. There you encounter the best in musical instruments and a staff of terrific musicians who welcome you as if you had "walked into their living room." "It's the guitar center of the universe", and "anyone and their brother" can pick up an expensive instrument and play it. No glass cases, no one looming over our shoulder, and you don't need to ask - just pick it up and play. All Things Strings is wall to wall music, from folk to rock to bluegrass to country and western. The camera takes you behind the scenes with the quirky and knowledgeable staff, into workshops with guest musicians, and into the funky office and mind of Stan Werbin, co-founder and owner, and the source of the spirit and magic of Elderly.

Sunday, March 9, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Nature: Cloud: Challenge of the Stallions	Nova: Mt. St. Helens Back from the Dead	Austin City Limits: Bon Iver	Independent Lens: More Than A Month	Life On Fire: Volcano Doctors	Washington Week with Gwen Ifill	Charlie Rose: The Week					

6:00am	Sesame Street	Repeat of 03/07/14 10:00am
7:00am	Curious George	Repeat of 03/08/14 07:00am
7:30am	Monkey Monkey Music: Let's All Make A Circle	
8:00am	Lawrence Welk's Big Band Splash	Repeat of 03/08/14 07:00pm
10:00am	John Sebastian Presents: Folk Rewind (My Music)	Repeat of 03/08/14 09:00pm
12:00pm	Lawrence Welk's Big Band Splash	Repeat of 03/09/14 08:00am
2:00pm	Young for Life	Repeat of 03/08/14 06:00pm
3:00pm	Religion & Ethics Newsweekly	
3:30pm	McLaughlin Group	
4:00pm	Washington Week with Gwen Ifill	Repeat of 03/09/14 05:00am
4:30pm	Delicious Discoveries with Daniella Malfitano	
5:00pm	Moyers & Company	
5:30pm	Healthy Body, Healthy Mind	
6:00pm	PBS Newshour Weekend	
6:30pm	Celtic Thunder Heritage	

8:00pm Masterpiece Classic - Mr. Selfridge, Part 2

This mini-series is a dramatization of the real-life story of Harry Gordon Selfridge, the flamboyant and visionary American founder of the famous London department store that revolutionized the modern shopping experience. Created by Andrew Davies (Little Dorrit) with Jeremy Piven (Entourage) in the title role. Harry skirts scandal by putting cosmetics at the front of the store. Meanwhile, his private life gets complicated as Ellen Love, Lady Mae and his wife, Rose, make waves. (Next Air 03/10/14 12:00am)

9:00pm Masterpiece Classic - Mr. Selfridge, Part 3

This mini-series is a dramatization of the real-life story of Harry Gordon Selfridge, the flamboyant and visionary American founder of the famous London department store that revolutionized the modern shopping experience. Created by Andrew Davies (Little Dorrit) with Jeremy Piven (Entourage) in the title role. Ellen's future as the Spirit of Selfridge is on the line. Renowned ballerina Anna Pavlova causes a sensation at the store. Rose makes a revelation to her doting portrait painter, Roddy. (Next Air 03/10/14 01:00am)

10:00pm Masterpiece Classic - Mr. Selfridge, Part 4

This mini-series is a dramatization of the real-life story of Harry Gordon Selfridge, the flamboyant and visionary American founder of the famous London department store that revolutionized the modern shopping experience. Created by Andrew Davies (Little Dorrit) with Jeremy Piven (Entourage) in the title role. Spunky shop girl Agnes Towler returns to work. But all is not well, as Harry and Rose face a moment of truth, Ellen confronts Harry, and alcohol, pills and driving under the influence take their toll.

(Next Air 03/10/14 02:00am)

11:00pm Woodsongs - Joe Lewis Walker & Aoife O'donovan

Monday, March 10, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Masterpiece Classic: Mr. Selfridge, Part 2		Masterpiece Classic: Mr. Selfridge, Part 3		Masterpiece Classic: Mr. Selfridge, Part 4		Civilization: The West and the Rest with Niall Fer				Nova: Mt. St. Helens Back from the Dead	

7:30pm California's Gold - Blue Angels

They're one of the most famous air squadrons in the world -- serving as positive role models and goodwill ambassadors not only for our Navy, but for our country. We're talking about the Blue Angels who, since first formed in 1946, have been demonstrating their flying skills and maneuvers to literally millions of spectators each year. And for over 30 years the Blue Angels have been a part of "California's Gold." Since 1967 the squadron has spent the winter at Naval Air Facility, El Centro, training pilots and new crew members. The good weather and open spaces make this a perfect place to practice and, over the years, squadron members have become a welcome part of the community in Imperial County during their three months of intensive preparation for the 70 air shows they fly each season. On this particular adventure host Huell Howser accepts an invitation to spend a couple of days with the Blue Angels and ends up not only watching them train, but actually gets to go up with them in an F/A18 Hornet for the ride of a lifetime. Huell also meets former Blue Angel pilots who talk about the "good old days," and visits with local citizens who talk about the pride the community of El Centro feels in having the squadron there each winter. All in all, it's a fast-paced, high-powered, high altitude adventure in search of "California's Gold."

8:00pm Great Performances - Bob Dylan: The 30th Anniversary Concert Celebratio

In a special encore presentation, Great Performances presents The Bob Dylan 30th Anniversary Celebration, a star-studded concert tribute to the American pop music icon at New York's Madison Square Garden. The special takes viewers front row center and backstage, capturing all of the excitement and emotion of this historic, once-in-a-lifetime concert as the greatest names in popular music - including Tom Petty, George Harrison, Richie Havens, Kris Kristofferson, Eric Clapton, Tracy Chapman, John Mellencamp, Mary-Chapin Carpenter, Sinéad O'Connor, Willie Nelson, Johnny Cash, Neil Young, Lou Reed, Stevie Wonder and many others pay homage to Bob Dylan and the songs that made him a legend.

(Next Air 03/15/14 09:00pm)

10:00pm Young for Life

Repeat of 03/09/14 02:00pm

Young For Life is an easy, no-diet, no-sweat program designed for a mature audience to look and feel ten years younger! Viewers learn how to GROW YOUNGER and GROW STRONGER by eating delicious, no-sacrifice meals and simple movements to increase strength, flexibility and circulation. The three-step program is based on nutritional foods, easy exercises and key nutritional supplements to help keep your body healthy and strong in a natural way, as detailed in their new book, Young for Life (Rodale). Young For Life features New York Times #1 Best Selling health and diet author Marilyn Diamond and master trainer "Dr. Rock." At age 69, Marilyn shares her own recipes for looking and feeling many years younger. Dr. Rock shares easy, any time, anywhere exercises that energize and tone our bodies to help us live healthier lives. The easy three step, life-enhancing program consists of:

- A healthy, no-sacrifice diet that includes nutrient-rich meat, fish, eggs, cheese, fruits and vegetables in ways that support our body's vital needs to regenerate and repair.
- Convenient exercises that you can do any time, regardless of your age, without going to the gym or buying any special equipment.
- Five key nutritional supplements that are available anywhere.

As they grew older, Marilyn Diamond and Dr. Rock transformed their own health through a lifestyle overhaul that people over 40 will find easy and intuitive. Marilyn Diamond is fitter, healthier, and more energized than ever before. Author of Fit For Life, which captured 40 weeks on the New York Times Best Seller list, she has spent her life living and researching the pathways to optimal health. Now, in this entertaining and informative television special, she and her husband, master trainer Dr. Rock, share their journey to ageless health and fitness, giving viewers essential and exciting information for living their own healthy lifestyle at any age. (Next Air 03/20/14 10:00pm)

11:00pm Charlie Rose

Tuesday, March 11, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Program About Unusual Buildings & Other Roadside S		Antiques Roadshow: El Paso, Tx - Hour One		Masterpiece Classic: Mr. Selfridge, Part 2		Masterpiece Classic: Mr. Selfridge, Part 3		Masterpiece Classic: Mr. Selfridge, Part 4	

**7:30pm California's Gold
Hard to Get To**

Repeat of 02/25/14 07:30pm

A unique adventure to two of California's rarely seen natural wonders: the Bristlecone Pine, the oldest, continuously living thing on this planet found in the White Mountains of the Eastern Sierra, and magnificent Le Conte Falls deep in the rocky and steep terrain of Yosemite National Park.

8:00pm America's Wild West

The men and women who helped to tame the west were larger-than-life Americans-rebels, pioneers, and icons of the frontier culture. Both heroes and villains, they captured the imagination of a nation and inspired a stream of novels, television shows, and big-screen dramas. Step into the past with America's Wild West, a new special that captures some of the best moments from American Experience's films of the Wild West: Annie Oakley, Billy the Kid, Buffalo Bill, Butch Cassidy and the Sundance Kid, Custer's Last Stand, Jesse James, Kit Carson and Wyatt Earp.

9:30pm Jesse Cook Live at the Bathurst Theatre

Jesse Cook Live at the Bathurst Theatre will take you on a musical journey around the world and back in his new television special. His evocative music will transport you from Spain to Morocco; from France to Columbia and from Africa back home again with more stops in between. Amidst these signature works that explores culture and music, Jesse paces this elegant show with poignant and lyrical works that highlight the diverse strengths of a band that has long been dedicated to Cook's artistic vision.

11:00pm Charlie Rose

Wednesday, March 12, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Program About Unusual Buildings & Other Roadside S		Civilization: The West and the Rest with Niall Fer				Independent Lens: The Revolutionary Optimists		Antiques Roadshow: El Paso, Tx - Hour One	

7:30pm California's Green - Santa Barbara Artists

Some people talk about the environment. Others actually do something proactive about it. Like the group of 26 Santa Barbara artists who founded the Outdoor Airing Club more than 20 years ago. The O.A.K. Group, as it is known, is made up of artists who paint magnificent, unspoiled open spaces threatened by development. They then sell these art pieces at a special auction with 50 percent of the profits going to organizations in Santa Barbara County working to preserve our precious and unfortunately disappearing open, natural, landscape. Huell spends a day with some O.A.K. Group members as they painted in three different spectacular locales, and then attends the auction several months later. The resulting episode of California's Green is not only beautiful, bit inspirational as it shows how important a small but dedicated group of people who really care can be.

8:00pm Under The Streetlamp: Let The Good Times Roll

Under The Streetlamp, with their unique style and modern Rat Pack persona, bring the American Radio Songbook to a whole new level in their second PBS pledge special. With the mantra, "Retro never sounded so now" these four extremely talented and charismatic former cast members of the Tony Award winning Broadway musical Jersey Boys provide an electrifying concert produced at the renowned Star Plaza Theater. In this show's three segments, singers Michael Ingersoll, Shonn Wiley, Michael Cunio and Christopher Kale Jones - along with an outstanding 10 -piece band - bring these classic hits back to the millions of fans that fell in love with this music in the first place. The show includes classic hits of the 50's, 60's and 70's with the perfect balance of tender ballads and up-tempo classics, all done with the same signature harmonies and slick dance moves that have made them irresistible. (Next Air 03/15/14 05:30pm)

9:30pm 30 Days to a Younger Heart with Dr. Steven Masley

Repeat of 03/02/14 08:00am

Did you know that it's possible to make your heart 10 years younger? Regardless of your body composition, genetics, or age...you can turn back time. And when you do...you will feel healthier, trimmer, fitter, sexier, mentally sharper and better than you have in a decade. Does it sound too good to be true? It isn't... Steven Masley, MD and his three simple steps have helped thousands of patients turn back the clock...and reverse the onset of aging and disease. He is a board- certified physician, nutritionist, longevity researcher and award- winning educator who is also a highly acclaimed chef, trained at the Four Seasons. In "30 Days to a Younger Heart", Dr. Masley shares the surprising news that Metabolic Syndrome, also known as pre-diabetes - not high cholesterol - is the number one cause of cardiovascular disease. Since the term metabolic syndrome is new to most, the doctor describes how easy it is to determine your risk, and why so many Americans have it. Dr. Masley also educates viewers about the dangers of invasive, often unnecessary cardiovascular procedures. His 3 step Heart Tune-Up program is a guide to making lifestyle changes that significantly reduce the likelihood of developing cardiovascular disease. He specifically discusses the impact food, nutrients and exercise have on making a measurable difference in the reduction of arterial plaque. Discover five new categories of heart-healing foods, learn how the amount of time you exercise isn't as important as you may think plus ensure you receive the five key nutrients many lack but are truly necessary for a younger heart. No matter how old you are, or how much you weigh or even the health battle you are facing, no one has to be on a one-way street to aging and disability. Patients' lives every day have been saved and transformed with this heart tune-up program that explores the three easy lifestyle corrections that can take 10 years off of your heart's age in just 30 Days.

11:00pm Charlie Rose

Thursday, March 13, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Nature: Survivors of the Firestorm		Nova: Crash of Flight 447		Life On Fire: Phoenix Temple		Civilization: The West and the Rest with Niall Fer			

7:30pm Forum, The Repeat of 03/08/14 05:30pm

8:00pm Heartbeat of Home

From the producers of Riverdance comes Heartbeat of Home -- a music and dance spectacular featuring the dynamic, vibrant components of traditional Irish, Latin and Afro-Cuban music and dance. The show has a cast of 39, which includes a ten-piece band, creating a new an electrifying sound, written by Golden Globe nominee Brian Byrne.

10:00pm Train Your Dog Like A Pro Repeat of 02/23/14 02:00pm
Promo at End Needs Produced

Internationally-renowned dog behaviorist and best-selling author Don Sullivan hosts this special designed to provide struggling dog owners with the necessary tools and techniques to forge a lasting and loving relationship with their dog - all within minutes. (Next Air 03/27/14 10:00pm)

11:00pm Charlie Rose

Friday, March 14, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	This Old House Hour		Program About Unusual Buildings & Other Roadside S		Nature: Survivors of the Firestorm		Nova: Crash of Flight 447		Life On Fire: Phoenix Temple	

**7:30pm California's Golden Parks
Joss House**

Repeat of 02/14/14 07:30pm

Huell Howser travels to Weaverville Joss House Historic Park, home to a Taoist Temple of Worship and the oldest still-in-use Chinese Temple in California.

8:00pm Suze Orman's Financial Solutions for You

We all have financial issues and problems. Suze Orman's latest special sharply focuses on her helping individual viewers "find financial solutions for you." As always, Suze's advice is based not just on numbers, but on a critical understanding of ourselves and our emotional needs. The special's central theme is that our financial decision-making should be guided by an understanding of "the goal of money." As Suze perceptively defines it: "The goal of money is to make you feel secure." Our financial solutions should work to fulfill that goal. In addition, Suze stresses the importance of making financial decisions that you feel comfortable with. Financial problems are caused when you do things with money that do not seem "right" to you, despite pressures and advice from others. (Next Air 03/16/14 01:30pm)

10:00pm Joel Harper's Firming After 50

Whether you are a novice or you want to take your workout to the next level, "Joel Harper's Firming After 50" exercise program is easy-to-follow and perfect for all ages and fitness levels. Celebrity, personal trainer, Joel Harper will help viewers stretch, tone and firm with his no equipment, complete body workout! (Next Air 03/24/14 10:00pm)

11:00pm Charlie Rose

Saturday, March 15, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Washington Week with Gwen Ifill	Charlie Rose: The Week	Johnny Carson: American Masters				Program About Unusual Buildings & Other Roadside S	This Old House Hour		

- 6:00am Daniel Tiger's Neighborhood** Repeat of 03/13/14 11:00am
- 6:30am Angelina Ballerina: The Next Steps**
- 7:00am Curious George**
- 7:30am Cat in the Hat Knows A Lot About That!**
- 8:00am Curious George** Repeat of 03/13/14 08:00am
- 8:30am Dinosaur Train** Repeat of 03/13/14 09:30am
- 9:00am Delicious Discoveries with Daniella Malfitano** Repeat of 03/09/14 04:30pm
- 9:30am Victory Garden**
- 10:00am This Old House** Repeat of 03/08/14 10:30am
- 10:30am This Old House**
- 11:00am Ask This Old House**
- 11:30am Hometime**
- 12:00pm Woodwright's Shop**
- 12:30pm P. Allen Smith's Garden Home**
- 1:00pm Grand View**
- 1:30pm Best of the Joy of Painting**
- 2:00pm Sewing with Nancy**
- 2:30pm Fons & Porter's Love of Quilting**
- 3:00pm Things Green with Nick Federoff**
- 3:30pm Motorweek**
- 4:00pm Immense Possibilities**
- 4:30pm Above The Line**
- 5:00pm PBS Newshour Weekend**
- 5:30pm Under The Streetlamp: Let The Good Times Roll** Repeat of 03/12/14 08:00pm

7:00pm Celtic Woman: Emerald

Emerald, the all-new stage production from Celtic Woman will celebrate Ireland and the Emerald Isles' spellbinding Celtic heritage through an extraordinary presentation of traditional Irish anthems, pop standards and original music by Emmy-nominated music producer David Downes. (Next Air 03/16/14 09:30am)

9:00pm Great Performances

Repeat of 03/10/14 08:00pm

Bob Dylan: The 30th Anniversary Concert Celebratio

In a special encore presentation, Great Performances presents The Bob Dylan 30th Anniversary Celebration, a star-studded concert tribute to the American pop music icon at New York's Madison Square Garden. The special takes viewers front row center and backstage, capturing all of the excitement and emotion of this historic, once-in-a-lifetime concert as the greatest names in popular music - including Tom Petty, George Harrison, Richie Havens, Kris Kristofferson, Eric Clapton, Tracy Chapman, John Mellencamp, Mary-Chapin Carpenter, Sinead O'Connor, Willie Nelson, Johnny Cash, Neil Young, Lou Reed, Stevie Wonder and many others pay homage to Bob Dylan and the songs that made him a legend.

(Next Air 03/16/14 11:30am)

11:00pm Austin City Limits - Florence + The Machine/Lykke Li

Experimental modern rock rules with Florence + the Machine and Lykke Li. Bluesy singer Florence showcases her LP Lungs, while Swedish chanteuse Li highlights her LP Wounded Rhymes.

Sunday, March 16, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	
Nature: Survivors of the Firestorm		Nova: Crash of Flight 447		Civilization: The West and the Rest with Niall Fer				Independent Lens: The Revolutionary Optimists		Washington Week with Gwen Ifill		Charlie Rose: The Week

6:00am Sesame Street

7:00am Curious George

7:30am Cat in the Hat Knows A Lot About That!

8:00am Under The Streetlamp: Let The Good Times Roll

Repeat of 03/15/14 05:30pm

9:30am Celtic Woman: Emerald

Repeat of 03/15/14 07:00pm

11:30am Great Performances

Repeat of 03/15/14 09:00pm

1:30pm Suze Orman's Financial Solutions for You

Repeat of 03/14/14 08:00pm

3:30pm McLaughlin Group

4:00pm Washington Week with Gwen Ifill

Repeat of 03/16/14 05:00am

4:30pm Delicious Discoveries with Daniella Malfitano

5:00pm Moyers & Company

5:30pm Healthy Body, Healthy Mind

6:00pm PBS Newshour Weekend

6:30pm Aviators

7:00pm Road Trip - Bakersfield

Bakersfeild is Huell's next Road Trip where he samples Basque food, visits a Tule Elk reserve and tours country music legend Buck Owen's Crystal Palace.

8:00pm Masterpiece Classic - Mr. Selfridge, Part 5

This mini-series is a dramatization of the real-life story of Harry Gordon Selfridge, the flamboyant and visionary American founder of the famous London department store that revolutionized the modern shopping experience. Created by Andrew Davies (Little Dorrit) with Jeremy Piven (Entourage) in the title role. Mr. Grove takes over in Harry's absence, but faces irate temperance marchers and other challenges. How would Harry handle it? Agnes gets to know Henri, the window dresser. (Next Air 03/17/14 12:00am)

9:00pm Masterpiece Classic - Mr. Selfridge, Part 6

This mini-series is a dramatization of the real-life story of Harry Gordon Selfridge, the flamboyant and visionary American founder of the famous London department store that revolutionized the modern shopping experience. Created by Andrew Davies (Little Dorrit) with Jeremy Piven (Entourage) in the title role. Two dead relatives show up at a store seance prompted by Sherlock Holmes creator Arthur Conan Doyle. Agnes moves to fashion and develops a closer relationship with Henri. (Next Air 03/17/14 01:00am)

10:00pm Masterpiece Classic - Mr. Selfridge, Part 7

This mini-series is a dramatization of the real-life story of Harry Gordon Selfridge, the flamboyant and visionary American founder of the famous London department store that revolutionized the modern shopping experience. Created by Andrew Davies (Little Dorrit) with Jeremy Piven (Entourage) in the title role. F.W. Woolworth tries to undercut his old friend and competitor, Harry, who gives the discount king a run for his money. The temperature rises with Agnes and Henri. (Next Air 03/17/14 02:00am)

11:00pm Woodsongs - The Irish Roots of American Bluegrass Music

Monday, March 17, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Masterpiece Classic: Mr. Selfridge, Part 5		Masterpiece Classic: Mr. Selfridge, Part 6		Masterpiece Classic: Mr. Selfridge, Part 7		Johnny Carson: American Masters				Program About Unusual Buildings & Other Roadside S	

7:30pm California's Gold - Shasta Dam

When most people think of Shasta Lake, they imagine themselves on a houseboat enjoying California's largest manmade reservoir. With 365 miles of shoreline it is a boaters paradise. What most people don't think about is the massive structure that is responsible for holding back the water that creates Shasta Lake. We're talking about Shasta Dam which, is a perfect example of "California's Gold". Construction of the dam started in 1938 and ended in 1945. It's 602 feet high, 883 feet thick at the bottom, 30 feet thick at the top, and 3,460 feet long. The face of the dam is as big as six football fields and the spillway is the largest manmade waterfall in the world - three times the height of Niagara Falls. There are 18 outlets on the face of the dam, each big enough to drive a pickup through. Shasta Dam has the second largest mass of any dam in the United States. In this adventure, Huell and Luis get a behind the scenes look at this engineering marvel. Miles of tunnels and millions of gallons of water make for an exciting day, but there is another aspect to the Shasta Dam - the human element. It is the people who built the dam, the people that poured concrete 24 hours a day for 5 1/2 years and the countless other jobs that make this structure such a gem. Huell meets several of the original dam workers and listens to their stories about the glory days of Shasta Dam.

8:00pm Gentleman's Rule In Concert

GENTLEMAN'S RULE exudes youth, energy and incredible harmonies in a concert performance that brought down the house at Chicagoland's prestigious Star Plaza Theatre. GENTLEMAN'S RULE blends their youthful style and outstanding vocals with timeless classics and contemporary hits. Their diverse music selection includes songs by the legendary Manhattans, Bill Withers, as well as the Rollingstones, Rascal Flatts and the Spencer Davis Band, just to name a few. Whether it's classic 60 's, 70's, or contemporary hits, GENTLEMAN'S RULE applies their unique harmonies to create a "wow" factor unlike any other a cappella group. (Next Air 03/23/14 06:30pm)

9:30pm Daniel O'donnell Stand Beside Me

Daniel O'Donnell Stand beside Me is a concert celebration of Irish, country, gospel, rock, movie and long-time Daniel O'Donnell favorites. The title of Daniel's 13th PBS special, Stand Beside Me is not only a popular song among concert goers, but also reflects Daniel's belief that fans throughout his more than ten years on PBS have brought him to where he is today, standing beside him making his career a success. The 60-minute broadcast concert was recorded on September 18, 2013 at the Macomb Center for the Performing Arts located in metro-Detroit before a packed house. Joining Daniel on stage is his six-piece band, two back-up vocalists, and long-time singing partner of 26 years, Mary Duff.

11:00pm Injunuity

Injunuity is a collage of reflections on the Native American world, our shared past, our turbulent present, and our undiscovered future. From Columbus to the western expansion to tribal casinos, we are taught that the Native way, while at times glorious, is something of the past, something that needed to be replaced by a manifest destiny from across the ocean. But in a world increasingly short of real answers, it is time we looked to Native wisdom for guidance. It is time for some Injunuity. Injunuity is a mix of animation, music, and real thoughts from real people exploring our world from the Native American perspective. Every word spoken is verbatim, every thought and opinion is real, told in nine short pieces and covering such topics as language preservation, sacred sites, and the environment. But rather than simply revisit our history, the goal of Injunuity is to help define our future, to try and figure out the path that lies before us, to focus on where we are going as well as where we have been.

11:30pm Katmai: Alaska's Wild Peninsula

Repeat of 02/17/14 12:30am

Filmmaker John Grabowska reveals the wilderness of the Alaska Peninsula, a cloud-cloaked landscape where bears outnumber people and the sockeye salmon run is the largest in the world. (Next Air 03/19/14 05:30am)

Tuesday, March 18, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Antiques Roadshow: El Paso, Tx - Hour Three		Antiques Roadshow: El Paso, Tx - Hour Two		Masterpiece Classic: Mr. Selfridge, Part 5		Masterpiece Classic: Mr. Selfridge, Part 6		Masterpiece Classic: Mr. Selfridge, Part 7	

7:30pm California's Gold Terra Cotta

Repeat of 02/24/14 07:30pm

Step back in time to the olden days of making pottery the Gladding McBean way. The 118-year-old company in rural Lincoln, near Sacramento, is the nation's only remaining major manufacturer of terra cotta. From decorative to functional, McBean's terra cotta is acclaimed for its distinctive style which graces landmark buildings in big cities and small towns across our state.

8:00pm Great Performances - Steve Martin and the Steep Canyon Rangers Featurin

Comedy legend Steve Martin is now in the fifth decade of a varied and accomplished career as a comic, actor, author and playwright. Recently honored by the Academy of Motion Picture Arts & Sciences with a Governor's Award special Oscar, he is also a Grammy-winning, boundary- pushing bluegrass banjoist and songwriter. GREAT PERFORMANCES turns the spotlight on Martin's musical side with a concert performance of his new collaboration with Edie Brickell, who initially burst onto the national scene in the late 80s fronting the New Bohemians. Although these new musical partners have already built widely-respected individual bodies of work, their inaugural effort is a charming departure as well as a creative milestone. Backed by the virtuoso playing of the Steep Canyon Rangers, the duo partner on a series of new songs that combine Martin's inventive five-string banjo playing with Brickell's heart-tugging vocals to create a playful and irresistibly accessible collection of songs.

10:00pm Easy Yoga: The Secret to Strength and Balance With

Muscle loss actually begins in your thirties (earlier than most of us might have guessed) and it continues at a rate of about three percent per decade without intervention. The good news is according to Peggy Cappy, yoga can come to the rescue. In Cappy's latest program, Peggy will show us how yoga can come to the aid to people who want to increase strength and mobility at any age. (Next Air 03/23/14 11:00am)

11:00pm Charlie Rose

Wednesday, March 19, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	1964: American Experience				Frontline: Rape in the Fields		Independent Lens: Pushing The Elephant			Katmai: Alaska's Wild Peninsula

7:30pm California's Green - Electric Cars

Huell visits the Nethercutt Museum in Sylmar to see the very first electric cars which were manufactured in the early 20th century.

8:00pm Nature

Repeat of 02/26/14 08:00pm

Ireland's Wild River

The Shannon is Ireland's greatest geographical landmark and the longest river. It is both a barrier and highway -- a silver ribbon holding back the rugged landscapes of the west from the gentler plains to the east. On its journey south, the Shannon passes through a huge palette of rural landscapes; where on little-known backwaters, Ireland's wild animals and plants still thrive as almost nowhere else. For a year, wildlife cameraman Colin Stafford-Johnson lives on the river -- camping on its banks, exploring its countless tributaries in a traditional canoe, following the river from dawn to dusk through the four seasons, on a quest to film the natural history of the Shannon as it has never been seen or heard or experienced before.

9:30pm Titanic - Band of Courage

BAND OF COURAGE is a dramatic special, driven by the music and the story of eight musicians who were brought together on the only voyage of the Titanic and whose names will forever be linked for their extraordinary courage against the back story of the Edwardian Era, the great ship and those who heard them play. The program features new recordings of 18 songs taken from the officially issued "White Star Songbook" that was provided to the musicians and first class passengers. Each composition was recorded in the style, arrangement and instrumentation as it was heard on the Titanic - many of the songs from the last night, played by the musicians in an effort to provide some peace, calm and dignity to those who were facing death. (Next Air 03/22/14 07:00pm)

11:00pm Charlie Rose

Thursday, March 20, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Nature: Frogs: The Thin Green Line		Nova: Venom: Nature's Killer		Skeletons of the Sahara		1964: American Experience			

7:30pm Forum, The

8:00pm Pavlo Mediterranean Nights

The passionate sounds of Pavlo's music are aimed at the heart while stirring the soul. The artist himself offers the most accurate description, "I call it Mediterranean guitar music, for I combine Greek music with Spanish and Classical elements." Pavlo's flamboyant style and music are showcased as he and his band perform live in concert for the taping of his first public television special at the Ford Community and Performing Arts Center in Dearborn, Michigan. Pavlo Mediterranean Nights - taped in January 2008 - invites viewers into a world that is filled with a fiesta of sounds and sights from regions throughout the Mediterranean.

10:00pm Young for Life

Repeat of 03/10/14 10:00pm

Young For Life is an easy, no-diet, no-sweat program designed for a mature audience to look and feel ten years younger! Viewers learn how to GROW YOUNGER and GROW STRONGER by eating delicious, no-sacrifice meals and simple movements to increase strength, flexibility and circulation. The three-step program is based on nutritional foods, easy exercises and key nutritional supplements to help keep your body healthy and strong in a natural way, as detailed in their new book, Young for Life (Rodale). Young For Life features New York Times #1 Best Selling health and diet author Marilyn Diamond and master trainer "Dr. Rock." At age 69, Marilyn shares her own recipes for looking and feeling many years younger. Dr. Rock shares easy, any time, anywhere exercises that energize and tone our bodies to help us live healthier lives. The easy three step, life-enhancing program consists of: • A healthy, no-sacrifice diet that includes nutrient-rich meat, fish, eggs, cheese, fruits and vegetables in ways that support our body's vital needs to regenerate and repair. • Convenient exercises that you can do any time, regardless of your age, without going to the gym or buying any special equipment. • Five key nutritional supplements that are available anywhere. As they grew older, Marilyn Diamond and Dr. Rock transformed their own health through a lifestyle overhaul that people over 40 will find easy and intuitive. Marilyn Diamond is fitter, healthier, and more energized than ever before. Author of Fit For Life, which captured 40 weeks on the New York Times Best Seller list, she has spent her life living and researching the pathways to optimal health. Now, in this entertaining and informative television special, she and her husband, master trainer Dr. Rock, share their journey to ageless health and fitness, giving viewers essential and exciting information for living their own healthy lifestyle at any age. (Next Air 03/29/14 10:00pm)

11:00pm Charlie Rose

Friday, March 21, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	This Old House Hour		Ferrets: The Pursuit of Excellence		Nature: Frogs: The Thin Green Line		Nova: Venom: Nature's Killer		Skeletons of the Sahara	

7:30pm California's Golden Parks Shasta

Repeat of 02/21/14 07:30pm

When most people think of Shasta Lake, they imagine themselves on a houseboat enjoying California's largest manmade reservoir. With 365 miles of shoreline it is a boaters paradise. What most people don't think about is the massive structure that is responsible for holding back the water that creates Shasta Lake. We're talking about 3,460 feet long and 602 feet high Shasta Dam which, is a perfect example of "California's Gold." Construction of the dam started in 1938 and ended in 1945. The spillway is the largest manmade waterfall in the world - three times the height of Niagara Falls. Shasta Dam has the second largest mass of any dam in the United States. In this adventure, Huell and Luis get a behind the scenes look at this engineering marvel. Miles of tunnels and millions of gallons of water make for an exciting day, but there is another aspect to the Shasta Dam - the human element. It is the people who built the dam, the people that poured concrete 24 hours a day for 5 1/2 years and the countless other jobs that make this structure such a gem. Huell meets several of the original dam workers and listens to their stories about the glory days of Shasta Dam.

8:00pm Dr. Wayne Dyer: I Can See Clearly Now

Dr. Wayne Dyer presents personal stories as well as various philosophical and poetic illustrations to explain that each of our lives is a tapestry composed of all of the choices we've made and will make. There are no wrong roads taken once we understand the forces propelling us towards our life's purpose. (Next Air 03/23/14 08:00am)

11:00pm Charlie Rose

Saturday, March 22, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Washington Week with Gwen Ifill	Charlie Rose: The Week	American Masters: Lennon Nyc				Skeletons of the Sahara		This Old House Hour	

- 6:00am Daniel Tiger's Neighborhood** Repeat of 03/20/14 11:00am
- 6:30am Angelina Ballerina: The Next Steps**
- 7:00am Curious George**
- 7:30am Cat in the Hat Knows A Lot About That!**
- 8:00am Curious George** Repeat of 03/20/14 08:00am
- 8:30am Dinosaur Train** Repeat of 03/17/14 09:30am
- 9:00am Delicious Discoveries with Daniella Malfitano** Repeat of 03/16/14 04:30pm
- 9:30am Victory Garden's Ediblefeast**
- 10:00am This Old House** Repeat of 03/15/14 10:30am
- 10:30am This Old House**
- 11:00am Ask This Old House**
- 11:30am Hometime**
- 12:00pm Woodwright's Shop**
- 12:30pm P. Allen Smith's Garden Home**
- 1:00pm Grand View**
- 1:30pm Best of the Joy of Painting**
- 2:00pm Sewing with Nancy**
- 2:30pm Fons & Porter's Love of Quilting**
- 3:00pm Things Green with Nick Federoff**
- 3:30pm Motorweek**
- 4:00pm Immense Possibilities**
- 4:30pm Above The Line**
- 5:00pm PBS Newshour Weekend**
- 5:30pm Forum, The**
- 6:00pm Classic Gospel**

7:00pm Titanic - Band of Courage Repeat of 03/19/14 09:30pm

BAND OF COURAGE is a dramatic special, driven by the music and the story of eight musicians who were brought together on the only voyage of the Titanic and whose names will forever be linked for their extraordinary courage against the back story of the Edwardian Era, the great ship and those who heard them play. The program features new recordings of 18 songs taken from the officially issued "White Star Songbook" that was provided to the musicians and first class passengers. Each composition was recorded in the style, arrangement and instrumentation as it was heard on the Titanic - many of the songs from the last night, played by the musicians in an effort to provide some peace, calm and dignity to those who were facing death.

8:30pm John Sebastian Presents: Folk Rewind (My Music) Repeat of 03/09/14 10:00am

John Sebastian Presents: Folk Rewind focuses on the greatest singers and songwriters of the classic 1950s and 1960s folk era. Presented by the lead singer of The Lovin' Spoonful ("Do You Believe In Magic"), Folk Rewind features a treasure trove of historical footage that has not been seen in over four decades -- plus new performances by artists who are still appearing in concert today. Folk Rewind's highlights include a Pete Seeger and Judy Collins duet on Seeger's iconic adaptation of "Turn, Turn, Turn," Harry Belafonte's hit "Jamaica Farewell, Trini Lopez's version of "If I Had a Hammer" and Bobby Darin's heartfelt "Simple Song of Freedom." Among the beloved folk groups represented in vintage footage are The Kingston Trio ("Where Have All the Flowers Gone"), The New Christy Minstrels ("Green, Green"), The Limelites ("There's a Meeting Here Tonight"), The Serendipity Singers ("Crooked Little Man") and The Brothers Four ("Green Fields"). In addition, The Highwaymen and The Rooftop Singers present their million-selling number one hits "Michael" and "Walk Right In." Stirring new performances on stage are offered by more folk legends. The original Chad Mitchell Trio reunites for Bob Dylan's anthem "Blowin' in the Wind," and Roger McGuinn of The Byrds offers an encore of "Turn, Turn, Turn." Barry McGuire sings his 1965 chart-topper "The Eve of Destruction," and Jesse Colin Young of The Youngbloods performs the generation-defining hit "Get Together." (Next Air 03/24/14 08:00pm)

10:30pm Heart of Perfect Health with Brenda Watson

Internationally renowned digestive care expert Brenda Watson returns to Public Television in with her new program The Heart of Perfect Health. In this program, Brenda shares compelling evidence of the connection between digestive health and heart health, and includes easy, simple ways to protect and strengthen the heart by balancing the gut and achieving healthy digestion. Throughout her career in health care, Brenda has been a passionate advocate and educator regarding the connection between a healthy digestive system and total body health. Medical research supports her conviction: scientific evidence shows that a balanced gut -one supported by a healthy diet, probiotics, omega oils and other natural means-builds the foundation of total body health, helping to avert health conditions related to the heart. In The Heart of Perfect Health, Brenda shares the latest information on the impact of inflammation on heart health through an in-depth analysis of three common health measures-cholesterol, blood pressure and blood sugar-and their role as risk factors for heart disease. She then provides ways to help combat abnormalities in these measures through digestive health. Brenda most recently appeared on public television in December, 2010 with her successful program, The Road to Perfect Health. This pledge event was produced by Maryland Public Television, with Brenda Watson in the studio. Pledge talent was Rhea Fikin and Carolyn Black-Sotir.

11:00pm Austin City Limits - Esperanza Spalding

ACL presents an hour with jazz/soul singer/bassist Esperanza Spalding in support of her LP Radio Music Society.

Sunday, March 23, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Nature: Frogs: The Thin Green Line		Nova: Venom: Nature's Killer		Frontline: Rape in the Fields		Independent Lens: Pushing The Elephant			Katmai: Alaska's Wild Peninsula	Washington Week with Gwen Ifill	Charlie Rose: The Week

- 6:00am Sesame Street** Repeat of 03/21/14 10:00am
- 7:00am Curious George**
- 7:30am Cat in the Hat Knows A Lot About That!**
- 8:00am Dr. Wayne Dyer: I Can See Clearly Now** Repeat of 03/21/14 08:00pm
- 11:00am Easy Yoga: The Secret to Strength and Balance With** Repeat of 03/18/14 10:00pm
- 12:00pm Dr. Wayne Dyer: I Can See Clearly Now** Repeat of 03/23/14 08:00am
- 3:00pm Religion & Ethics Newsweekly**
- 3:30pm McLaughlin Group**
- 4:00pm Washington Week with Gwen Ifill** Repeat of 03/23/14 05:00am
- 4:30pm Delicious Discoveries with Daniella Malfitano**
- 5:00pm Moyers & Company**
- 5:30pm Healthy Body, Healthy Mind**
- 6:00pm PBS Newshour Weekend**
- 6:30pm Gentleman's Rule In Concert** Repeat of 03/17/14 08:00pm

8:00pm Secrets of the Tower of London

Standing guard over the city of London for nearly 1000 years, this formidable fortress has been a royal castle, a prison, a place of execution and torture, an armoury and the Royal Mint. Over the centuries it has gone from a symbol of imperialism and tyranny to a national treasure- the protector of the crown jewels and many other historic British traditions. In this episode we go behind the Tower's ancient walls, opening it up to expose its secrets and stories. We'll unlock the doors to rooms you didn't know existed, talk to the people who do the jobs no one sees and reveal some surprising facts about one of England's most famous icons. (Next Air 03/24/14 12:00am)

9:00pm Masterpiece Classic - Mr. Selfridge, Part 8

This mini-series is a dramatization of the real-life story of Harry Gordon Selfridge, the flamboyant and visionary American founder of the famous London department store that revolutionized the modern shopping experience. Created by Andrew Davies (Little Dorrit) with Jeremy Piven (Entourage) in the title role. Tragedy strikes on the day polar explorer Sir Ernest Shackleton comes to the store. An even greater celebrity plans a visit, and Harry and Rose attend a shocking play. (Next Air 03/24/14 01:00am)

11:00pm Woodsongs - Celebration of the Legacy Artists Featuring Mary B

Monday, March 24, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Secrets of the Tower of London		Masterpiece Classic: Mr. Selfridge, Part 8				1964: American Experience				Ferrets: The Pursuit of Excellence	

7:30pm California's Gold - Hidden Alcatraz

Most of us have seen one of the countless films based on Alcatraz, from the Birdman to Clint Eastwood and his Escape From Alcatraz. Over a million people every year take the ferry through the thick San Francisco fog to walk the cell blocks that housed the likes of Machine Gun Kelley and Al Capone. As usual Huell wasn't satisfied with the regular tour and went in search of the "Hidden Alcatraz". It got its name from the Spanish word Alcatrazes, or Bird Island and didn't see human inhabitants until the US Military took it over in the mid 1800s. During the Civil War it was used as a prison for Southern privateers. After the more modern prison was built in the 1930s, the old Civil War prison was covered over and virtually forgotten. Join Huell and Luis as they go under Alcatraz and discover the labyrinth of tunnels and caves that honeycomb "The Rock". The remnants of our state's rich history are finally uncovered in this very special tour. There is much more to Alcatraz than meets the eye.

8:00pm John Sebastian Presents: Folk Rewind (My Music) Repeat of 03/22/14 08:30pm

John Sebastian Presents: Folk Rewind focuses on the greatest singers and songwriters of the classic 1950s and 1960s folk era. Presented by the lead singer of The Lovin' Spoonful ("Do You Believe In Magic"), Folk Rewind features a treasure trove of historical footage that has not been seen in over four decades -- plus new performances by artists who are still appearing in concert today. Folk Rewind's highlights include a Pete Seeger and Judy Collins duet on Seeger's iconic adaptation of "Turn, Turn, Turn," Harry Belafonte's hit "Jamaica Farewell, Trini Lopez's version of "If I Had a Hammer" and Bobby Darin's heartfelt "Simple Song of Freedom." Among the beloved folk groups represented in vintage footage are The Kingston Trio ("Where Have All the Flowers Gone"), The New Christy Minstrels ("Green, Green"), The Limelites ("There's a Meeting Here Tonight"), The Serendipity Singers ("Crooked Little Man") and The Brothers Four ("Green Fields"). In addition, The Highwaymen and The Rooftop Singers present their million-selling number one hits "Michael" and "Walk Right In." Stirring new performances on stage are offered by more folk legends. The original Chad Mitchell Trio reunites for Bob Dylan's anthem "Blowin' in the Wind," and Roger McGuinn of The Byrds offers an encore of "Turn, Turn, Turn." Barry McGuire sings his 1965 chart-topper "The Eve of Destruction," and Jesse Colin Young of The Youngbloods performs the generationdefining hit "Get Together." (Next Air 03/30/14 12:30pm)

10:00pm Joel Harper's Firming After 50 Repeat of 03/14/14 10:00pm

Whether you are a novice or you want to take your workout to the next level, "Joel Harper's Firming After 50" exercise program is easy-to-follow and perfect for all ages and fitness levels. Celebrity, personal trainer, Joel Harper will help viewers stretch, tone and firm with his no equipment, complete body workout!

11:00pm Charlie Rose

Tuesday, March 25, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Antiques Roadshow: Atlanta, Ga - Hour One		Antiques Roadshow: Baton Rouge, Hour Three		Secrets of the Tower of London		Masterpiece Classic: Mr. Selfridge, Part 8			

7:30pm A Lone Baby's Grave

8:00pm Story of the Jews with Simon Schama - The Beginning

The story of the Jewish experience begins 3,000 years ago with the emergence of a tribal people in a contested land and their extraordinary book, the Hebrew Bible, a chronicle of their stormy relationship with a faceless, formless, jealous God. It was loyalty to this "God of Words" that defined the distinct identity of the ancient Jews and preserved it despite all that history could throw their way - war, invasion, deportation, enslavement, exile and assimilation. The story unfolds with a dazzling cast of historical characters: Sigmund Freud dying in exile in London; Victorian evangelicals and explorers following "in the footsteps" of Moses; Jewish mercenaries living, prospering and intermarrying in the pagan land of Egypt; Messianic Jews dreaming of the Apocalypse; and a Jewish historian, Josephus, who witnessed first-hand the moment when the apocalypse finally came and the Romans destroyed the Jewish High Temple in Jerusalem.

9:00pm Story of the Jews with Simon Schama - Among Believers

Simon Schama's epic series continues with the story of medieval Jews struggling to preserve their identity - and sometimes their lives - under the rule of Christianity and Islam. Whether labeled "Christ-killers" by the Christians or "dhimmi" (non-Muslim citizens of an Islamic community) by the Muslims, diaspora Jews built new lives and invented new ways of being Jewish in exile in the face of discrimination, blood-libels and persecution interspersed with periods of tolerance, protection and peaceful co-existence. Drawing on some of the extraordinary documents they left behind, this episode offers a vivid portrait of Jewish bankers, merchants, doctors, poets and artists flourishing in Lincoln, Cordoba, Venice and Cairo and tells the heart-rending story of their mass expulsion from Spain in 1492.

10:00pm Frontline - Tb Silent Killer

FRONTLINE tells the heart-wrenching stories behind the spread of a deadly infection threatening people around the world. Despite efforts to eradicate it, Tuberculosis remains one of the world's deadliest diseases, a contagious airborne illness infecting more than eight million people a year. But what has global health officials most alarmed are spreading strains of TB that are highly resistant to drug treatments. In this intimate film, FRONTLINE travels to the epicenter of the TB crisis - the Southern African nation of Swaziland - where families are waging an often hopeless fight for survival. (Next Air 03/26/14 03:00am)

11:00pm Charlie Rose

Wednesday, March 26, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Story of the Jews with Simon Schama: The Beginning		Story of the Jews with Simon Schama: Among Believers		Frontline: Tb Silent Killer		Independent Lens: All of Me: A Story of Love, Loss, and Last Resorts		Antiques Roadshow: Baton Rouge, Hour Three	

7:30pm California's Green - Bluebirds

Huell visits with a group of bluebird enthusiasts. The Western Bluebird once flew across most of California and beyond, but now they are in dire need of our help. Huell joins up with Bob Franz and the Southern California Bluebird Club, who have been working with many other groups across our state to help bluebirds make a recovery. They suffer as much from habitat loss as they do from the introduction of non-native species. Huell takes a springtime tour of some of the nest-boxes filled with hatchlings as he learns about what has been and can be done to help these blue feathered friends that are part of California's Green!

8:00pm Nature - What Plants Talk About

This program integrates hard-core science with a light-hearted look at how plants behave, revealing a world where plants are as busy, responsive and complex as we are. From the stunning heights of the Great Basin Desert to the lush coastal rainforests of west coast Canada, scientist J.C. Cahill takes us on a journey into the "secret world of plants," revealing an astonishing landscape where plants eavesdrop on each other, talk to their allies, call in insect mercenaries and nurture their young. It is a world of pulsing activity, where plants communicate, co-operate and sometimes, wage all-out war.

9:00pm Nova - Cold Case Jfk

For decades, the assassination of John F. Kennedy has fueled dark rumors of conspiracies and mishandled evidence. Now, 50 years later, NOVA asks: Could modern investigators do better? We'll see how state-of-the-art forensic tools would be applied to the investigation were it to happen today. At the same time, NOVA takes a critical look at contemporary cases, like the murders of Nicole Brown Simpson and Ronald Goldman, to reveal how charges of evidence mishandling and human error can mar even scientifically sophisticated detective work. Will forensics ever be truly foolproof, or does modern technology just give a scientific sheen to a practice that will always be more art than science?

10:00pm Secrets of the Dead - The Lost Diary of Dr. Livingstone

To celebrate the 200th anniversary of Dr. David Livingstone's birth, new forensic techniques are being used to study the famed explorer's lost diary. It reveals he was witness to the brutal massacre of slaves at the hands of their traders. And the writings in this diary suggest he was a far different man than the legend that surrounds him.

11:00pm Charlie Rose

Thursday, March 27, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Nature: What Plants Talk About		Nova: Cold Case Jfk		Secrets of the Dead: The Lost Diary of Dr. Livingstone		Story of the Jews with Simon Schama: The Beginning		Story of the Jews with Simon Schama: Among Believers	

7:30pm Forum, The Repeat of 03/22/14 05:30pm

8:00pm Rural Health Care

9:00pm Bletchley Circle

Susan, noticing a pattern in a string of London murders, contacts her old friends from Bletchley - Millie, Lucy and Jean - to try to identify the killer. Treating the crimes like a code to be cracked, the women gather all available information and evidence and then, through a sequence of clever deductions, determine how the killer is finding his victims and where a missing girl must have been abducted. Can they reach her before the killer claims his fifth victim? (Next Air 03/28/14 02:00am)

10:00pm Train Your Dog Like A Pro Repeat of 03/13/14 10:00pm
Promo at End Needs Produced

Internationally-renowned dog behaviorist and best-selling author Don Sullivan hosts this special designed to provide struggling dog owners with the necessary tools and techniques to forge a lasting and loving relationship with their dog - all within minutes. (Next Air 03/30/14 02:30pm)

11:00pm Charlie Rose

Friday, March 28, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	This Old House Hour		Bletchley Circle		Nature: What Plants Talk About		Nova: Cold Case Jfk		Secrets of the Dead: The Lost Diary of Dr. Livingstone	

7:30pm California's Golden Parks - Lassen Volcanic National Park

Huell goes National in this episode of California's Golden Parks as he visits Lassen Volcanic National Park. Lava flows, jagged craters and steaming sulphur vents make up some of Lassen's breathtaking landscape.

8:00pm Washington Week with Gwen Ifill

Next Air 03/29/14 01:00am

8:30pm Charlie Rose: The Week

Next Air 03/29/14 01:30am

9:00pm Great Performances - Dukes of September

Rock & roll royalty Donald Fagen (Steely Dan), Michael McDonald (The Doobie Brothers) and Boz Scaggs join forces to form their own new super group The Dukes of September, delighting audiences with high octane new performances of their greatest hits, along with other chart-topping favorites from the 60s and 70s. Among the many crowd pleasing favorites are "What a Fool Believes," "Low Down," "Lido Shuffle," "Pretzel Logic," "I Heard It Through the Grapevine," "Reelin' In the Years" and many more.

11:00pm Charlie Rose

Saturday, March 29, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tavis Smiley	Tavis Smiley	Washington Week with Gwen Ifill	Charlie Rose: The Week	Live from Lincoln Center: Patina Miller In Concert		10 Buildings That Changed America		Bletchley Circle		This Old House Hour	

- 6:00am Daniel Tiger's Neighborhood** Repeat of 03/27/14 11:00am
- 6:30am Angelina Ballerina: The Next Steps**
- 7:00am Curious George**
- 7:30am Cat in the Hat Knows A Lot About That!**
- 8:00am Curious George** Repeat of 03/27/14 08:00am
- 8:30am Dinosaur Train** Repeat of 03/26/14 09:30am
- 9:00am Delicious Discoveries with Daniella Malfitano** Repeat of 03/23/14 04:30pm
- 9:30am Victory Garden's Ediblefeast**
- 10:00am This Old House** Repeat of 03/22/14 10:30am
- 10:30am This Old House**
- 11:00am Ask This Old House**
- 11:30am Hometime**
- 12:00pm Woodwright's Shop**
- 12:30pm P. Allen Smith's Garden Home**
- 1:00pm Grand View**
- 1:30pm Best of the Joy of Painting**
- 2:00pm Sewing with Nancy**
- 2:30pm Fons & Porter's Love of Quilting**
- 3:00pm Things Green with Nick Federoff**
- 3:30pm Motorweek**
- 4:00pm Immense Possibilities**
- 4:30pm Above The Line**
- 5:00pm PBS Newshour Weekend**
- 5:30pm Forum, The**
- 6:00pm Classic Gospel**

7:00pm Lawrence Welk Show - Springtime in the Rockies

Hosts: Kathy, Janet, and Mimi Lennon. This salute to Spring goes international. Barbara and Bobby dance to "Zorba the Greek", Natalie Nevins plays the flute on the "Emerald Hop", and Dick Dale and the Lennon Sisters sing "Bonaparte's Retreat". Two rare solo Lennon Sisters numbers are featured, "A Little Bird" sung by Janet, and "More Than You Know", by Kathy.

8:00pm 60s Pop, Rock & Soul (My Music)

60s POP, ROCK & SOUL: MY MUSIC is a concert hosted by beloved icons Peter Noone of Herman's Hermits ("I'm Henry the Eighth, I Am") and Davy Jones of The Monkees ("Daydream Believer"). The special features hits and favorites of the AM radio era: Paul Revere & The Raiders ("Kicks"), Gary Lewis & The Playboys ("This Diamond Ring"), The Kingsmen ("Louie, Louie"), The Ventures ("Hawaii Five-O"), Question Mark & The Mysterians ("96 Tears") and Jefferson Starship ("Somebody to Love"). Every song is a classic from the decade of peace, love and profound social change - sung by performers who represent a period of time that resonates through the generations. (Next Air 03/30/14 08:00am)

10:00pm Young for Life

Repeat of 03/20/14 10:00pm

Young For Life is an easy, no-diet, no-sweat program designed for a mature audience to look and feel ten years younger! Viewers learn how to GROW YOUNGER and GROW STRONGER by eating delicious, no-sacrifice meals and simple movements to increase strength, flexibility and circulation. The three-step program is based on nutritional foods, easy exercises and key nutritional supplements to help keep your body healthy and strong in a natural way, as detailed in their new book, Young for Life (Rodale). Young For Life features New York Times #1 Best Selling health and diet author Marilyn Diamond and master trainer "Dr. Rock." At age 69, Marilyn shares her own recipes for looking and feeling many years younger. Dr. Rock shares easy, any time, anywhere exercises that energize and tone our bodies to help us live healthier lives. The easy three step, life-enhancing program consists of: • A healthy, no-sacrifice diet that includes nutrient-rich meat, fish, eggs, cheese, fruits and vegetables in ways that support our body's vital needs to regenerate and repair. • Convenient exercises that you can do any time, regardless of your age, without going to the gym or buying any special equipment. • Five key nutritional supplements that are available anywhere. As they grew older, Marilyn Diamond and Dr. Rock transformed their own health through a lifestyle overhaul that people over 40 will find easy and intuitive. Marilyn Diamond is fitter, healthier, and more energized than ever before. Author of Fit For Life, which captured 40 weeks on the New York Times Best Seller list, she has spent her life living and researching the pathways to optimal health. Now, in this entertaining and informative television special, she and her husband, master trainer Dr. Rock, share their journey to ageless health and fitness, giving viewers essential and exciting information for living their own healthy lifestyle at any age.

11:00pm Austin City Limits - Bonnie Raitt/Mavis Staples

Bonnie Raitt and Mavis Staples showcase classic R&B, blues and pop. Raitt presents songs from her latest album Slipstream, while Staples performs songs from You Are Not Alone and Staple Singers classics.

Sunday, March 30, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	
Nature: What Plants Talk About		Nova: Cold Case Jfk		Frontline: Tb Silent Killer		Independent Lens: All of Me: A Story of Love, Loss, and Last Resorts		Secrets of the Dead: The Lost Diary of Dr. Livingstone		Washington Week with Gwen Ifill		Charlie Rose: The Week

- 6:00am** Sesame Street Repeat of 03/28/14 10:00am
- 7:00am** Curious George
- 7:30am** Cat in the Hat Knows A Lot About That!
- 8:00am** 60s Pop, Rock & Soul (My Music) Repeat of 03/29/14 08:00pm
- 10:00am** Moments to Remember: My Music
- 12:30pm** John Sebastian Presents: Folk Rewind (My Music) Repeat of 03/24/14 08:00pm
- 2:30pm** Train Your Dog Like A Pro Repeat of 03/27/14 10:00pm
- 3:30pm** McLaughlin Group
- 4:00pm** Washington Week with Gwen Ifill Repeat of 03/30/14 05:00am
- 4:30pm** Delicious Discoveries with Daniella Malfitano
- 5:00pm** Moyers & Company
- 5:30pm** Healthy Body, Healthy Mind
- 6:00pm** PBS Newshour Weekend
- 6:30pm** Aviators

7:00pm Road Trip - Northeast Corner

8:00pm Call The Midwife

The nuns and midwives of Nonnatus House move into their new premises, and Sister Winifred, a warm-hearted, slightly innocent young woman, arrives from the Mother House. Sister Monica Joan's increasingly eccentric behavior causes concern, yet she's the one who solves a perplexing medical mystery. New housewife and mother Chummy spearheads an Open Day at the Community Centre. After helping to deliver a neighbor's baby, she decides she wants to return to midwifery.

9:00pm Masterpiece Classic - Mr. Selfridge, Season 2 - Part 1

The store never sleeps! Jeremy Piven ("Entourage") reprises his role as London's retail king, Harry Gordon Selfridge, for a second season of the series hailed as "addicting" by The Wall Street Journal. Created by Emmy® Award-winning writer Andrew Davies (Pride and Prejudice), "Mr. Selfridge, Season 2" costars Frances O'Connor ("Madame Bovary"), Aisling Loftus ("Page Eight"), Amanda Abbington ("Case Histories") and Ron Cook ("Little Dorrit"). Rose returns from America for the store's fifth anniversary. Agnes returns from training in Paris. Lord Loxley returns to torture Lady Mae.

11:00pm Woodsongs - Bluegrass Over The Edge Featuring The Cleverlys An

Monday, March 31, 2014

12AM	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Call The Midwife	Masterpiece Classic: Mr. Selfridge, Season 2 - Part 1					Live from Lincoln Center: Patina Miller In Concert		Story of the Jews with Simon Schama: The Beginning		Story of the Jews with Simon Schama: Among Believers	

7:30pm California's Gold - Flying Fish

Catalina has been famous for many things over the years, Glass BottomBoats, Buffalo and the Casino to name a few. But one of the strangest and most popular attractions has been the Flying Fish Boat Trip which has been transporting visitors on nighttime journeys to watch Catalina's flying fish since the turn of the century. In 1924 William Wrigley decided to build a boat just for Flying Fish Tours. The Blanche W. is a 64-foot long open-deck wooden boat named after Wrigley's granddaughter Blanche. The boat is still outfitted with its original pew-style mahogany benches, which seats 98 passengers. The boat cruises the islands coastline at night, attracting flying fish with two 40-million candle-power W.W.I spotlights. The spectacle of the fish leaping out of the water has been compared to giant silver dragonflies soaring over the ocean. Huell travels back to Catalina for a very special 75th anniversary cruise. William Wrigleys granddaughter Blanche (for whom the boat was named) comes back to the island and shares some wonderful stories with Huell. We'll even take a close up look at a flying fish and enjoy a wonderful night on the sea.

8:00pm Antiques Roadshow - Kansas City, Hour One

In Kansas City, Missouri, ANTIQUES ROADSHOW travels with appraiser Leila Dunbar to the Negro Leagues Baseball Museum to explore a one-of- a-kind, signed baseball. Highlights include an 1891 Kansas City Fire Chief presentation badge made by the fine jeweler Mermod & Jaccard and given to Kansas City Fire Chief George Hale at the turn of the 20th- century; a bold 1796 Chinese bronze censor that was recently found on the floor of a local antique mall and is now valued at \$8,000 to \$12,00 0; and a pristine 1965 Roy Lichtenstein screen print that was bought by the owner's parents at a Kansas City department store in the mid-196 0s and is now appraised for \$300,000.

9:00pm Antiques Roadshow - Atlanta, Ga - Hour Two

In Atlanta, Georgia, host Mark L. Walberg visits the Coca-Cola archives with appraiser Leila Dunbar to explore the mystery surrounding the disappearance of three Norman Rockwell paintings. Highlights include a circa 1939 copy of Gone With The Wind, signed by the author and the cast of the film; an 1875 Persian turquoise and diamond Victorian bracelet; and a circa 1930 painting by legendary Philadelphia impressionist Mary Elizabeth Price, valued at \$40,000-\$ 60 ,000.

10:00pm Independent Lens - Medora

A community beset by a crippled economy and dwindling population is the setting for this documentary, following a down-but-not-out varsity basketball team over a season. The team's struggle to compete parallels the town's own fight for survival. (Next Air 04/02/14 04:00am)

11:30pm Katmai: Alaska's Wild Peninsula

Repeat of 03/23/14 04:30am

Filmmaker John Grabowska reveals the wilderness of the Alaska Peninsula, a cloud-cloaked landscape where bears outnumber people and the sockeye salmon run is the largest in the world. (Next Air 04/02/14 05:30am)

**DAYTIME LINE-UP
MONDAY - FRIDAY**

6:00am Clifford The Big Red Dog
6:30am Martha Speaks
7:00am Arthur
7:30am Wild Kratts
8:00am Curious George
8:30am Cat in the Hat Knows A Lot About That!
9:30am Peg + Cat
10:00am Sesame Street
11:00am Daniel Tiger's Neighborhood
11:30am Super Why!
12:00pm Sid The Science Kid
12:30pm Thomas & Friends
1:00pm Sit and Be Fit
1:30pm Cyberchase
2:00pm Super Why!
2:30pm Peg + Cat
3:00pm Fetch! with Ruff Ruffman
3:30pm Martha Speaks
4:00pm Arthur
4:30pm Wordgirl
5:00pm Wild Kratts
5:30pm Nightly Business Report
6:00pm BBC World News
6:30pm PBS Newshour